

# Stent Conformability is most important in achieving good stent outcomes

Stephen Black

Consultant Vascular Surgeon

Reader in Venous Surgery

Guys and St Thomas' Hospitals London

And Kings College London

# Engineering Requirements

- Crush Resistance
- Flexibility
- Radial Strength
- Deployment
- Scaffolding (Coverage)
- Diameters & Lengths
- **NOT UNERPINNED BY DATA**

“The ideal stent would be **flexible** with moderate **radial force**, no foreshortening, and allow for very precise and **accurate placement**.” - Brooke Spencer, MD, FSIR

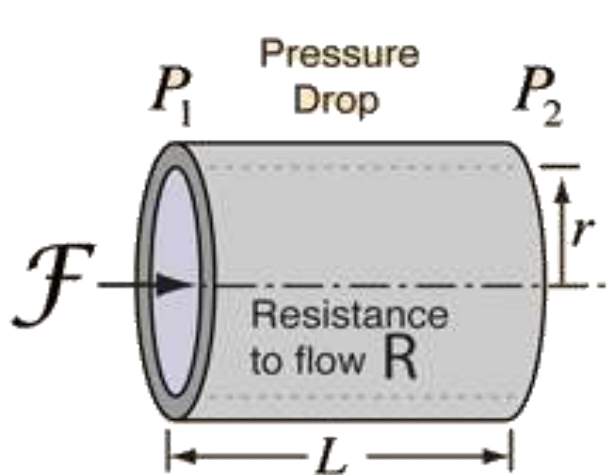
“Some desirable features are common to all stents, not just venous devices, and include **precise deployment**, good visibility, and **flexibility** of both a low profile delivery catheter and the deployed stent. However, certain attributes are more suited for venous applications, such as **larger diameters** ( $\geq 14$  mm) and appropriate levels of **radial force and crush resistance**.” - Mahmood K. Razavi, MD, FSIR

“The ideal stent has to be reasonably **long** and **flexible**, yet provide adequate **radial strength** to withstand opposing forces at the choke points.” - Seshadri Raju, MD, FACS

# Engineering Conflicts and Optimization

- Design Conflicts
  - Strength vs Flexibility vs Foreshortening
  - Scaffolding/Coverage vs Flexibility
  - Crush Resistance and Radial Strength vs Deployment
- Each requirement is a “lever” that can be moved, however, it may affect and move other levers
- Optimization of a design is based on how all the levers are prioritized

# Why is Radius Important



Suppose the original flowrate is  $100 \text{ cm}^3/\text{sec}$ . The effect of changes in the parameters is as follows:

|                      |          |             |  |
|----------------------|----------|-------------|--|
| * Double length      | →        | 50          | $\text{cm}^3/\text{sec}$                   |
| Double viscosity     | →        | 50          | $\text{cm}^3/\text{sec}$                   |
| Double pressure      | →        | 200         | $\text{cm}^3/\text{sec}$                   |
| <b>Double radius</b> | <b>→</b> | <b>1600</b> | <b><math>\text{cm}^3/\text{sec}</math></b> |

$$R = \frac{8\eta L}{\pi r^4} \quad \text{where } \eta = \text{viscosity}$$

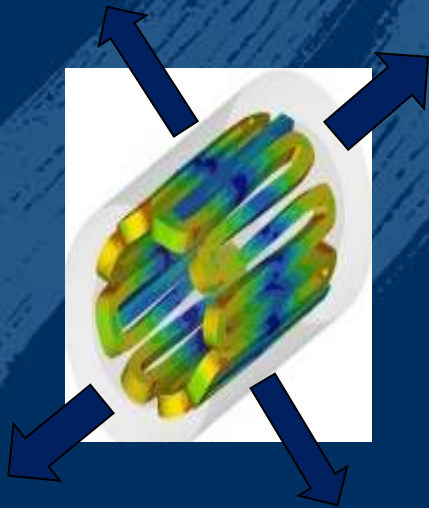
\* With other parameters held at original values

$$\text{Volume Flowrate} = \mathcal{F} = \frac{P_1 - P_2}{R} = \frac{\pi(\text{Pressure difference})(\text{radius})^4}{8(\text{viscosity})(\text{length})}$$

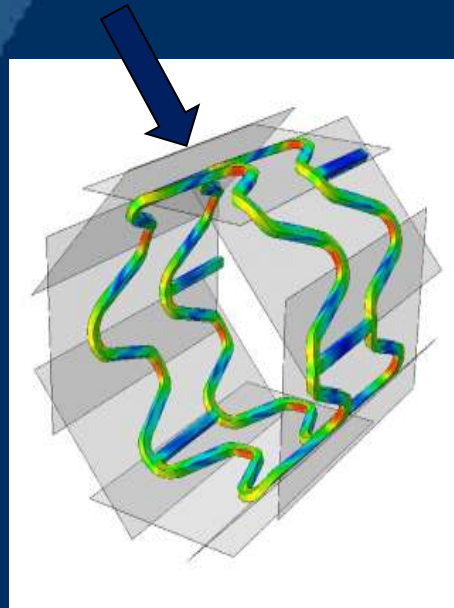
**A 19% increase in radius will double the volume flowrate!**

However bigger brings challenges

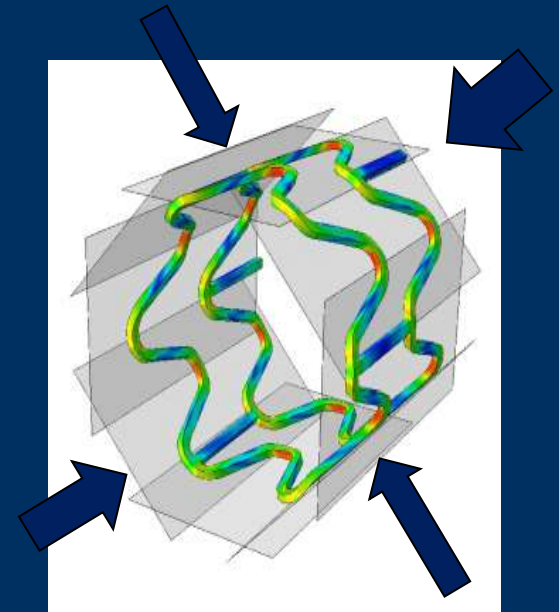
# Stent Strength



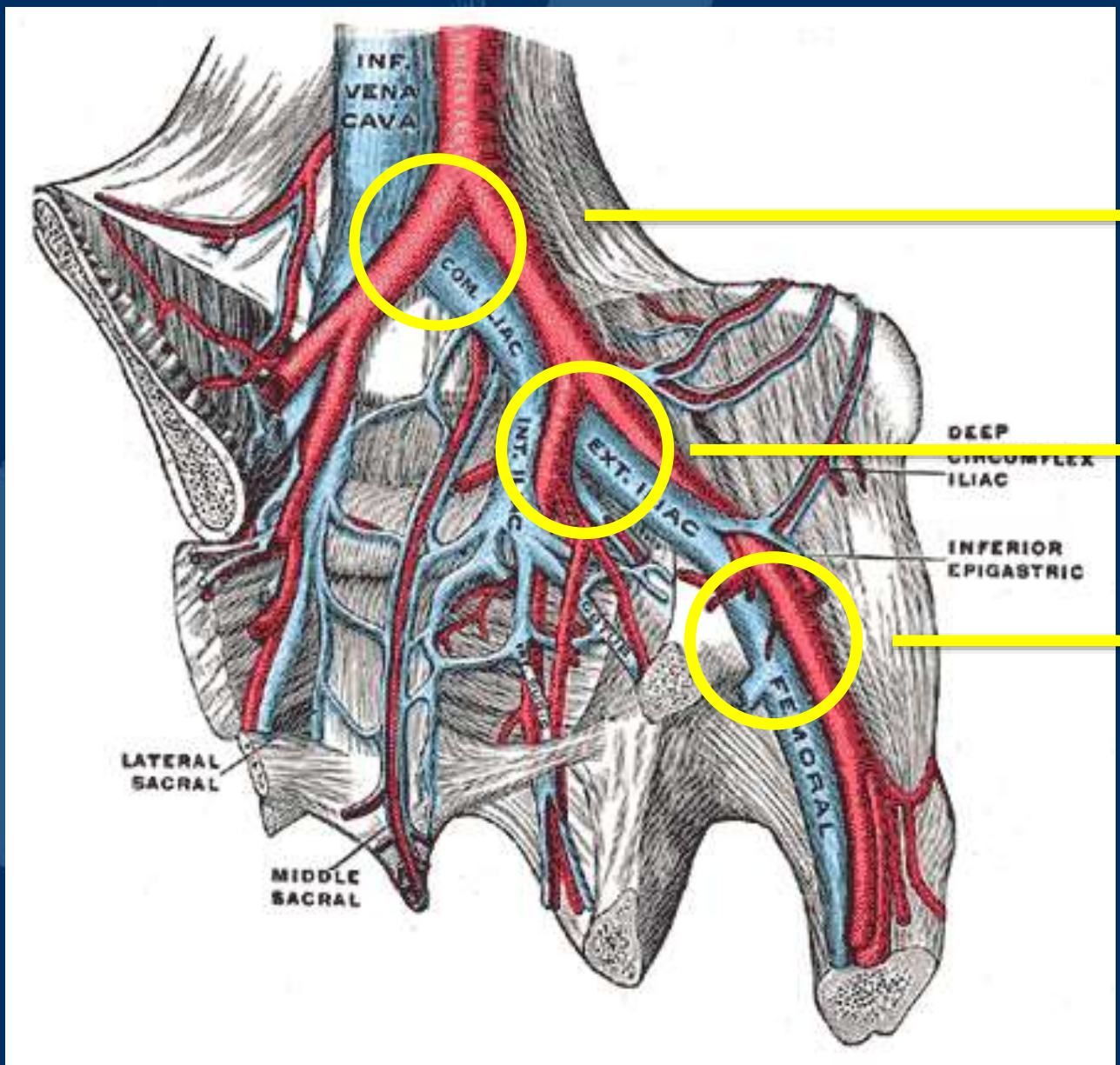
**Chronic Outward Force:**  
How much the stent pushes outward. Often called Radial Force.



**Crush Resistance:**  
How much the stent can resist a single load



**Radial Resistive Force:**  
How much circumferential load a stent can resist



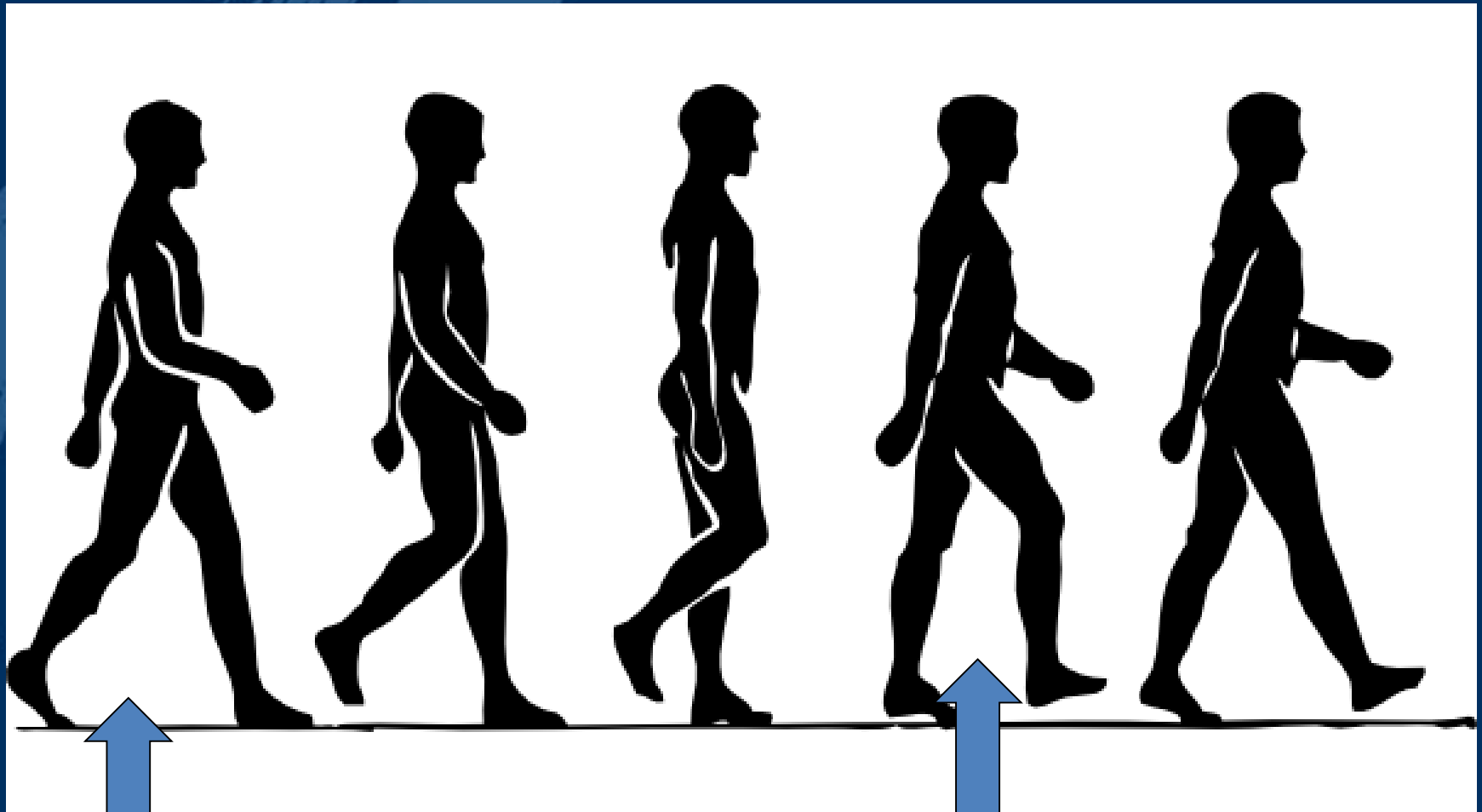
More strength  
How much?

More flexible  
How much?

Everything?  
How much?

How strong is strong enough and how flexible is flexible enough?

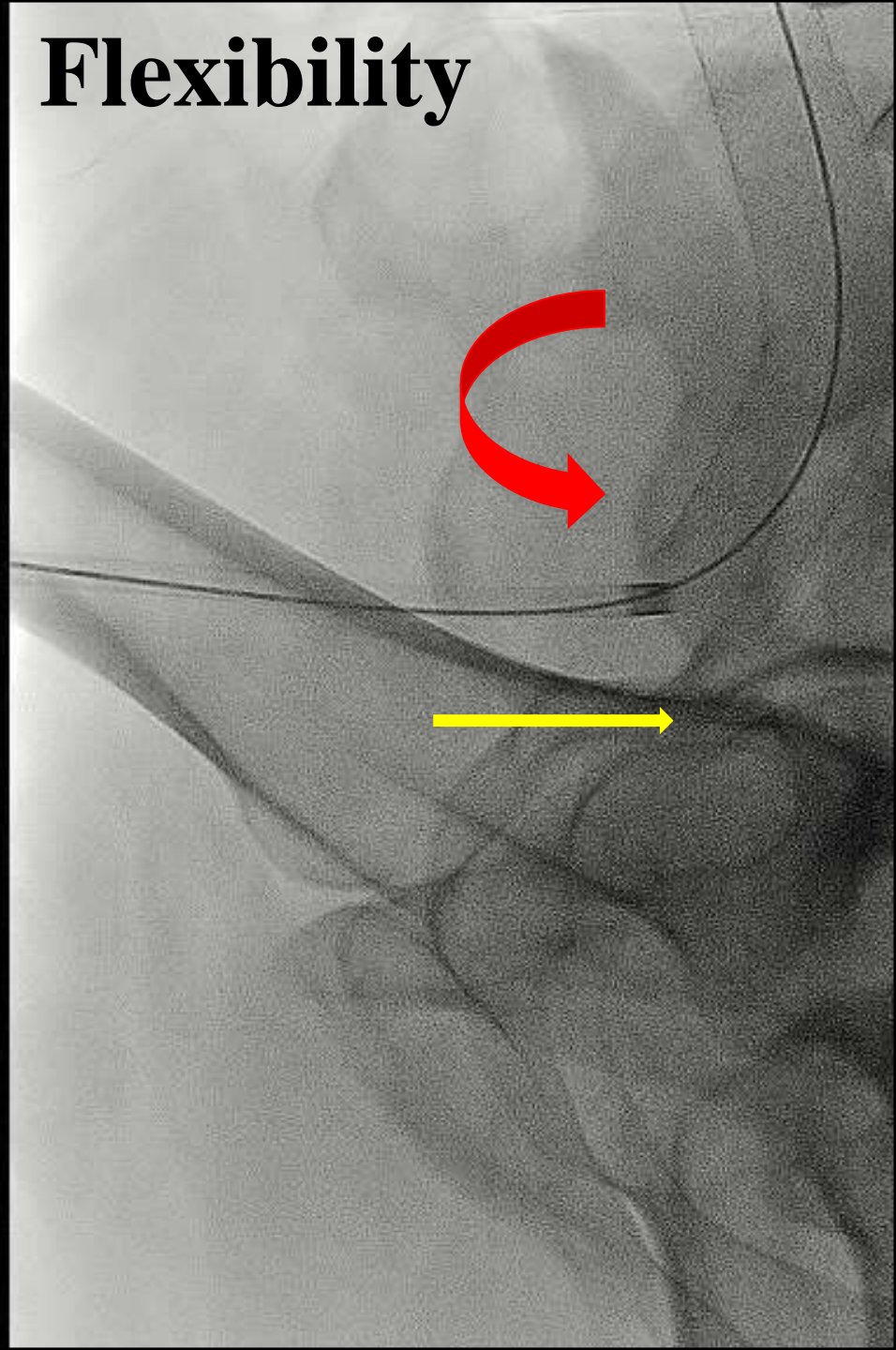
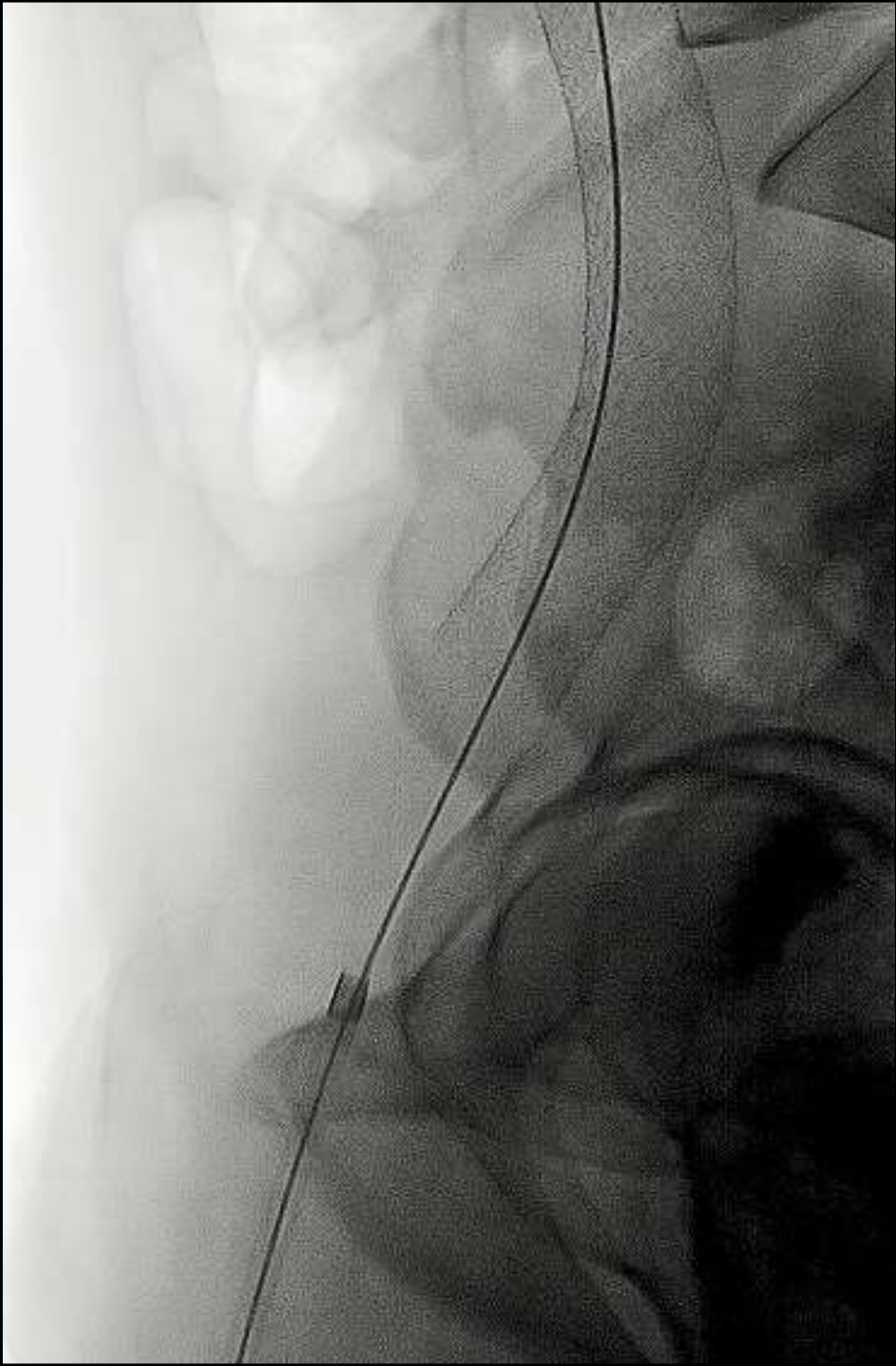
# What happens when we walk?



Ligament crush

Flexion

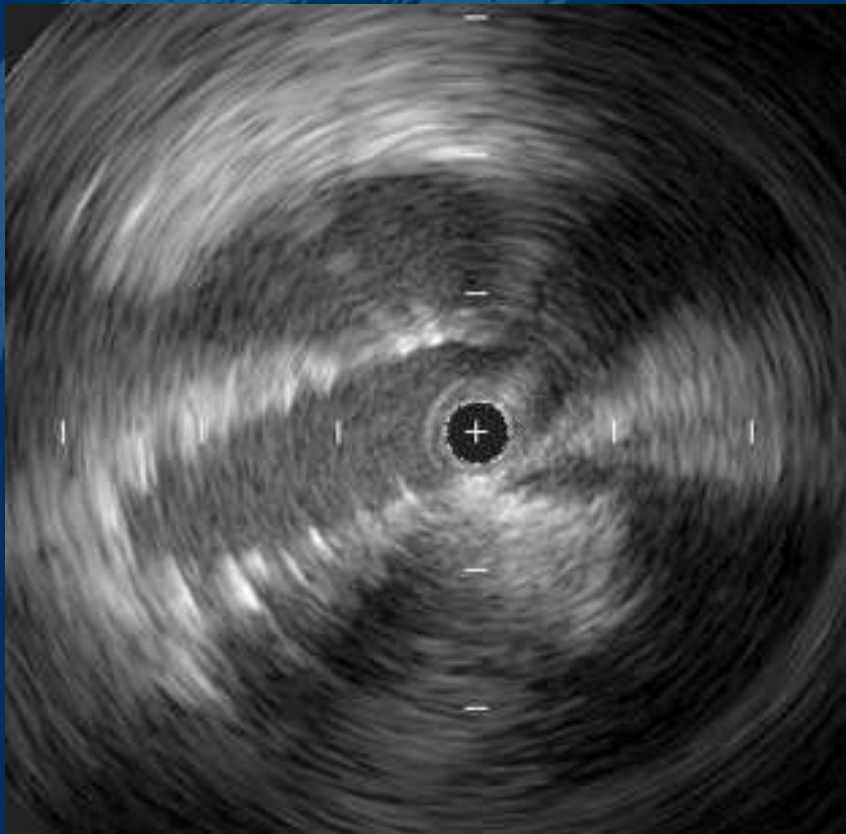
# Flexibility



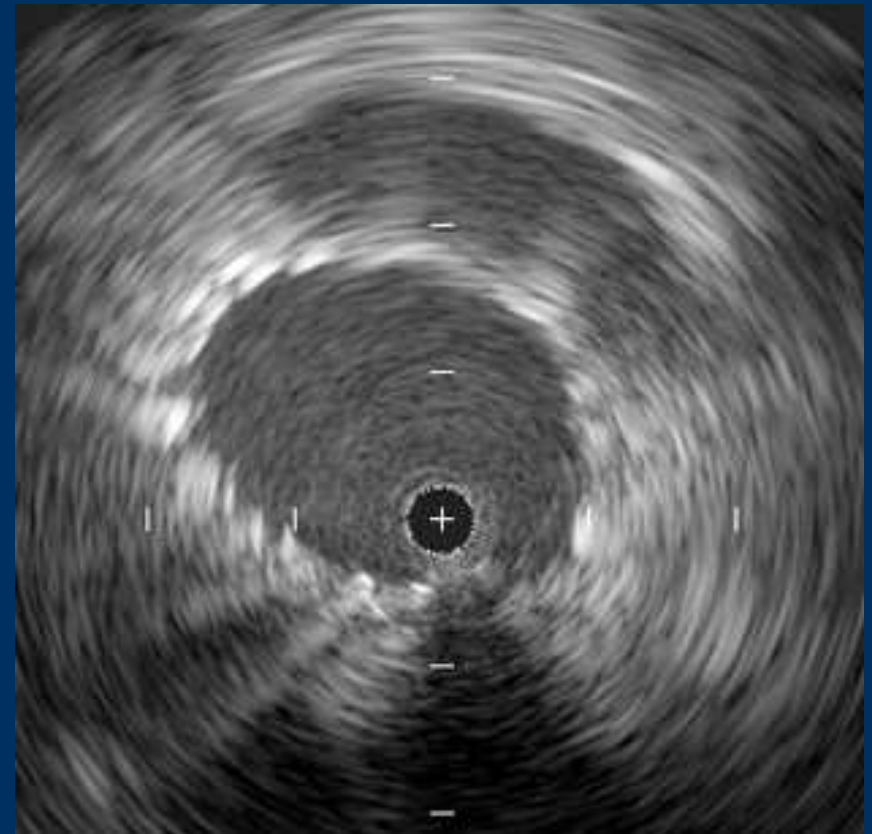


# Strength or Rigidity

Collapse

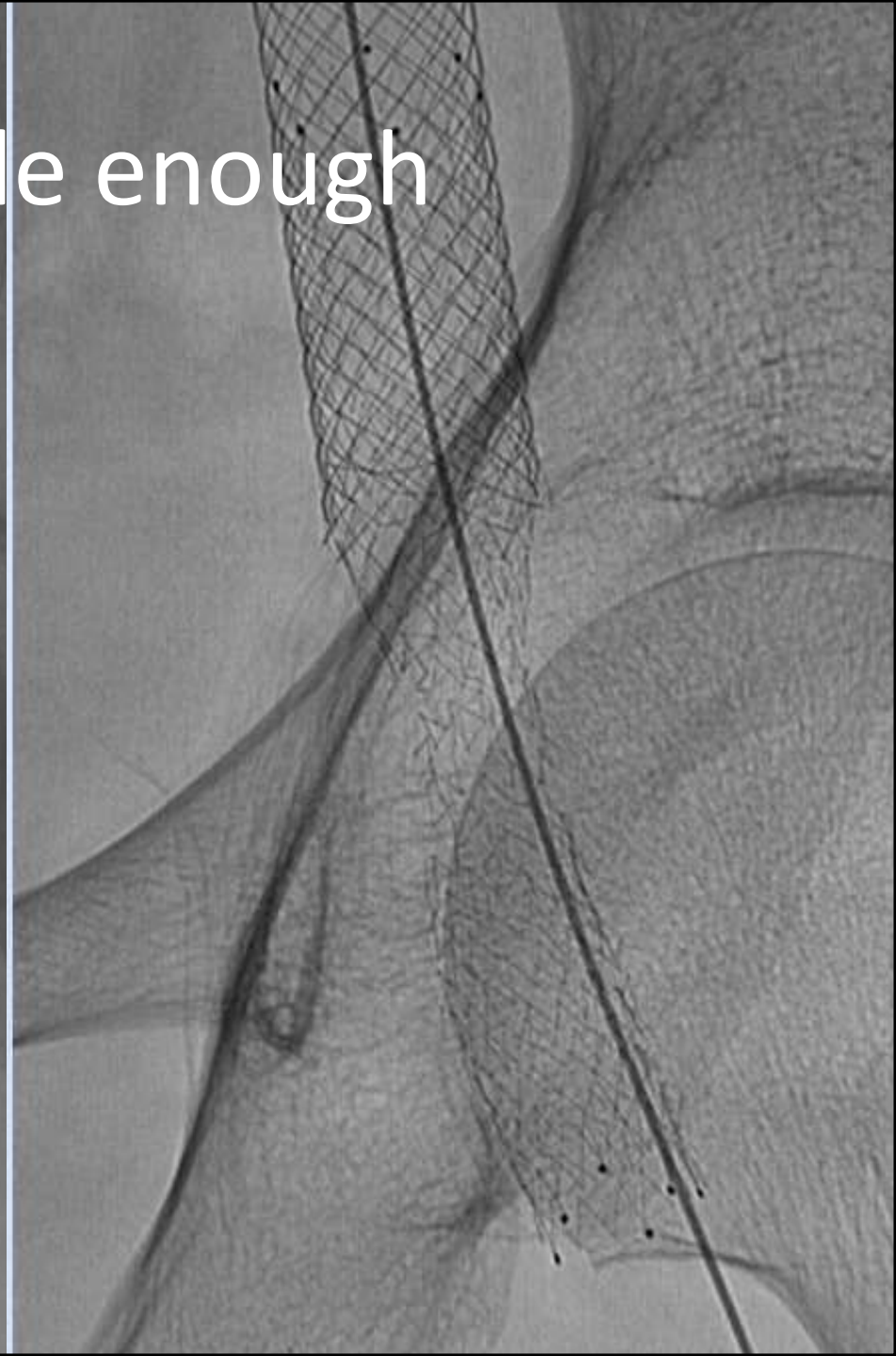
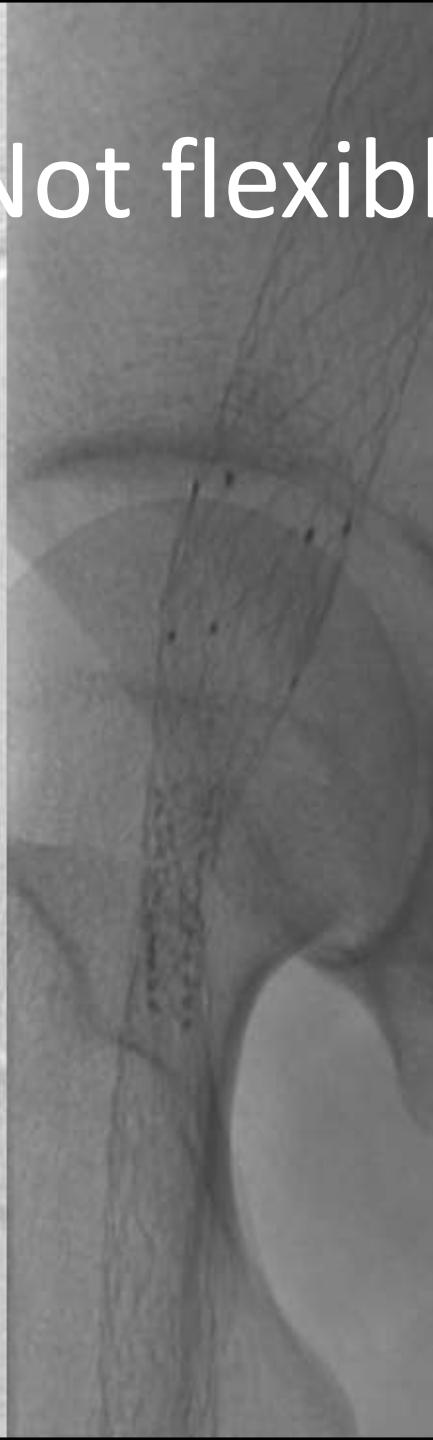


Rigid



Aspect Ratio – what data do we have?

Not flexible enough



# DATA?

- Aspect Ration
- Same stent
  - Not published

SUBSCRIPTIONS

## Changes to lumen shape may be more important than area in venous stenting patient outcomes


1st June 2018  3257

*Lowell Kabnick on the podium at CX*

Data presented at the [Charing Cross Symposium](#) (24–27 April, London, UK) indicate that a rounder post-stent lumen shape has a positive correlation to 12-month patient

Original Article

## Relevance of flexibility versus radial force in rigid versus more flexible venous stents?

Timme MAJ van Vuuren<sup>1,2</sup> , Mark AF de Wolf<sup>1,2,3</sup> and Cees HA Wittens<sup>1,2,4</sup>

## Phlebology

Phlebology  
2019, Vol. 34(7) 459–465  
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 SAGE

What is the definition for flexible vs rigid?



*"There are known  
knowns. These are  
things we know that we  
know. There are known  
unknowns. That is to  
say, there are things  
that we know we don't  
know. But there are also  
unknown unknowns.  
There are things we don't  
know we don't know."*

*Donald Rumsfeld*

**What don't we know**

# What are our expectations

Arterial Patients



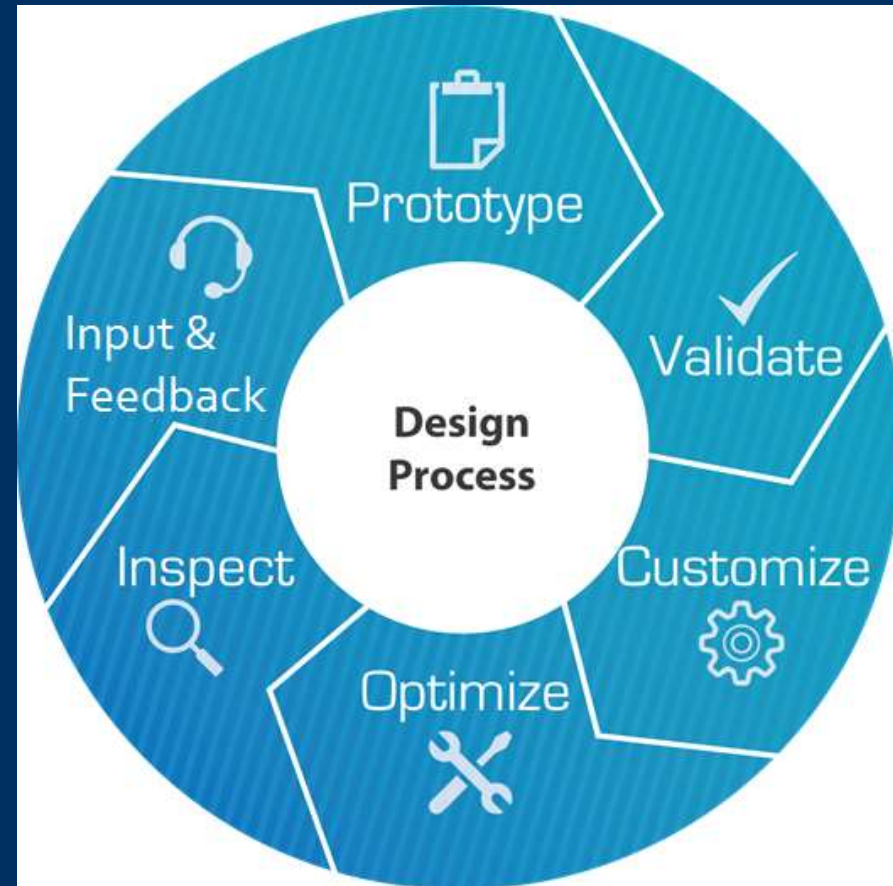
Venous Patients



Testing bench marks started the same as they were for arterial

# Designing is Cyclic and Iterative

- Design inputs, i.e. Clinical requirements drive the design and development process
- Feedback repeats the design process
- We as users need to provide feedback
- **WE NEED PROPER DATA**



# Conclusions

- Know each device and technical issues
- Be honest in feedback to patients and companies
- We need better data on what we are designing toward
- We need long term patient outcome data to support use
- One size may not fit all

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